

The Tallwood Tradition

March 2018

<http://www.tallwoodmensclub.com>

2018 Board of Directors

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– Greg Berger*

Handicap – Jim Bidwell

Membership – Bob Wahlberg

Co-Social – Earl Brown

Co-Social – Gary Greenwald

Tournament – Terry Ruzzo

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The President's Corner

Are ya'all ready for the Season to Start???

The way this winter started, I did not expect to be sitting here in March looking at snow and hearing predictions for possibly another "Nor'Easta" next week. Please say it isn't so.... Lots of stuff happening in March and early April.

It was great getting to see a lot of you at the Kick Off at The Gallery 3/2. Thank you to the Social Committee for a great event. Please see the Social article for the latest news and info for the Upcoming Spring Classic. Get those sign-ups in as soon as possible!

Spring Meeting is This Monday – 3/19/2018.

Ownership, Pro Shop and Nicole will all be in attendance to give us updates for 2018. Meeting is at 7:00pm at Tallwood Grill room.

As you can see on the TMC website – **The 2018 Golf Show is next and Tallwood will be represented. Dates are Friday 3/23-3/25.** Thank you to Bob Wahlberg, Zac Stennett and all those who are helping to make this happen again this year. If you plan on attending, please be sure and stop by to say hey.

9-Hole Tournaments? What is that? This will be new for 2018. For those weekends that you are unable to play 18, we have an option. If you know someone who wants to be part of a Men's Club, but only can play 9 holes on the weekend, We may be an option Please see the February newsletter for more details.

If everyone could think Warm Sunny thoughts, maybe we can get out there sooner than later. It is worth a try!

Richard Potticary II
President

Membership

New members - Please welcome new members **Scott Hayden, Jay Stevens, Zachary Stevens, Gary Lovering and Kyle Nolin!** A few of these brave men attended the kickoff social and received their official welcome serenade.

Renewal for 2018 – To date, 186 regular, full-time members have renewed for 2018, which is slightly ahead of the 2017 pace. However, there are over 70 2017 members who have not yet renewed. Get your renewals in, guys!! The form for 2018 membership renewal is attached or you can complete the form on line. We are accepting applications for Young Adult (Junior), as well as Regular members. Please select your membership category and forward your payment to:

Bob Wahlberg
TMC Membership
8 Markwood Lane
Manchester, CT 06040

Membership incentive – For 2018, any returning member who recruits a new member will receive a 25% rebate on the current year's dues, up to 100% (maximum of four new members). So, for each new member, the returning member will receive a rebate of 25% of the dues paid for the year. If you are referring a new member, please ensure that the new member fills in the "referred-by" line on the application/renewal form so the returning member can receive the rebate!

TMC at the golf show – Tallwood Country Club, Tallwood Men's Club and the Pro Shop will again be teaming up at the Connecticut Golf Show March 23-25. This was a successful event in 2017 and the Volunteers look forward to chatting with current and prospective members. If you attend the Show, please stop by booth #435 and thank the Volunteers for their work!

Payment for season passes – Please note that season passes are purchased through Tallwood Country Club, not Tallwood Men's Club. Payments should be addressed to Mike McDermott at Tallwood.

All comments and suggestions are welcome. If there are any questions, please e-mail me at TMC_membership@yahoo.com

Bob Wahlberg
Membership Director
TMC_membership@yahoo.com

Social

Greetings from Southern Command. Only 3 weeks left until we start the social season with the Spring Classic on April 7th. Hopefully, the weather will cooperate this year. Send in your registration forms before the deadline of April 1st. Registration form is included with this Newsletter. Format will be a 4 or 5 man scramble. Prizes are Pro Shop credit and Stop & Shop gift cards. See you all there to start the season.

The kickoff event, as you know, featured a new format this year. Thanks to Scott Marshall who took over this event and did a super job. Thanks also to Mike Peterson, our professional staff and the vendors who attended.

Earl Brown and Gary Greenwald
Cosial

Handicap

There are three topics I'd like to bring to everyone's attention: First, the Board has agreed on and voted for changing the GOLD Tee criteria from Handicap Index plus age of 100 to 95. Therefore, if your Index plus your age adds up to 95 or more you now qualify to play from the Gold Tees during Tallwood Men's Club tournaments. Second, the difference between White Tees and Blue Tees will now be strictly adhered to, meaning, on average, there will be a difference of 228 yards between the tees. This will amount to 10 to 15 yards per tee (within reason). And as a matter of fact, we will occasionally place the tees exactly as the scorecard says, making four holes (6,7,8 and 18) quite different. All this will be communicated to and controlled by Larry Barrett and his staff. And lastly, the "Ball moving on the Green" Rule, which will be officially implemented in 2019, but used locally this year is: If the ball moves accidentally without any human interference (wind or slope causes movement) the ball shall remain where it comes to rest. If accidentally, the ball is moved by the golfer, the ball should be replaced to its original position (NO PENALTY).



Rules of Golf for
2019.pdf

Jim Bidwell
Handicap

Tournament

Tournament/Handicap Survey

Thanks to all the members who took the time to respond to our Tournament/Handicap survey to help the BOD get a pulse on how our membership feels about Blue/White/Gold tees. We received 137 responses which is great. For the most part, the feedback helps to direct a definitive direction for 2018.

- 1) 26% of our membership currently meets the criteria to use the 100/85 local rule, but only half of those move up to the shorter tees. The main reason not to move up was because the variance between Blue and White was not substantial enough, sometimes only a few yards.
- 2) The variance between Blue and White courses needs to be 150-225 yards. We are going to work closely with Tallwood management and monitor the tee placements for the Blue and White tees and strive to meet that objective.
- 3) 75% of the responders do not want to change our format and play White tees only. We will continue to use Blue/White/Gold course handicaps.
- 4) Only 1/3 of responders felt we should offer the option for all participants to move up to a forward tee and not require the Rule of 100/85. There was only slightly more than 50% who wanted to reduce the Rule of 100/85, and the BOD is reviewing that option for 2018.
- 5) 80% replied “no” to running “net” events only with no “gross” prizes. We will leave the current Gross/Net tournaments prizes in place.

The narrative feedback was also very valuable to us and we sincerely appreciate your time and consideration to make TMC a club directed by its membership. We are trying to serve multiple stakeholders as we adjust our direction from year to year. Our goal is to provide a fun and competitive golf experience for all of our members.

March & April Tournaments

At this point it appears that March events will be completely cancelled. The Spring Classic is scheduled for April 7th, with a rain date of April 21st. The Social Committee will make a determination as soon as it can. Regarding the Mother’s Day event scheduled for April 14th, that event has a rain date of April 22nd, and we closely monitor and keep membership informed as the course gets closer to becoming playable.

Terry Russo
Tournament

Pro Shop

The 2018 season is here, even if that white stuff (I refuse to say its name) keeps gracing us with its presence. First, I would like to welcome everyone back and especially give a Tallwood welcome to all the new members and that I look forward to seeing everyone this coming Monday at the annual spring meeting. I may have a couple special things to show you guys that night....

Hot Topics

-The PGA TOUR Is on . Is it 2000 or 2018? Young gun Justin Thomas winning the Honda in Florida. Phil “Flop it everywhere” Mickelson winning a WGC event in Mexico (wait what)? Finally, to say the Tiger effect is in full mode may be an understatement. A golf industry we saw the highest TV rated PGA tour non major event in 5+ years last week!!!! Young stars winning, veterans rising up, who can ask for more? Oh wait, I can, melt this white stuff please.

-The USGA has released the 2019 rules changes. I put together an information packet and the USGA’s reasoning behind the changes. As I continue studying these changes I look forward to all the healthy discussions we may have.

Click here for the summary → [2019 USGA New Rules.pdf](#)

-The Masters is almost here, I can’t wait to see all the green grass and azaleas. I will be organizing a Masters Pool this year. I will send out more information out next week or you can find the information at the Pro Shop. Sunday April, 8th as an extra event for the Men’s Club we will be offering a “pick a player” in The Masters field to compete with in a Best Ball format.

From the Lesson Tee- My book of the month is *Elite Minds* by Stan Beecham

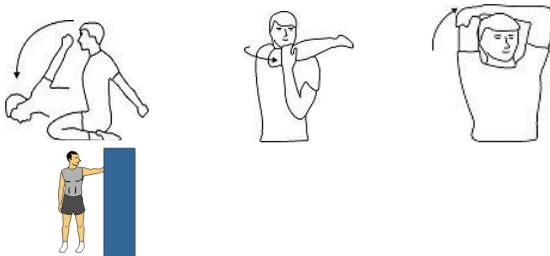
Two of my favorite quotes from the book.

“Once the quest for truth is replaced with a desire to feel good, the journey is over.”

“Each of us holds beliefs about what we do well and what we don’t do well. The fact of the matter is you cannot separate the belief from the ability because they are connected. The primary reason you don’t do something well is because you believe it is difficult, impossible, or not very enjoyable.”

Flexibility = speed, power and distance. The more non restricted range of motion you have the better you will be. While we wait for this white stuff to melt be sure to take a little time each day to stretch out.

Here are a couple of stretches I really like for golf.



Back Stretch

- 1 Start by kneeling on the ground with your arms out in front of you.
- 2 Slide your arms further away and slowly shift your hips back towards your feet until a comfortable stretch is felt.

3 Now slide your hands to the right until a stretch is felt down the side of your torso. Repeat to the left.



Low Back Stretch

- 1 Lie on back with right knee drawn toward chest.
- 2 Slowly bring bent leg across body until a stretch is felt in the lower back and hip area.
- 3 Remember to keep shoulders squared and flat on ground at all times. Bottom leg should be bent so that your knees are aligned.



Butterfly Stretch

- 1 Sit in upright position and place heels together.
- 2 Spread knees apart and pull feet toward groin until a stretch is felt in groin and inner thigh.
- 3 Remember to keep low back straight to emphasize stretch.



Hamstring Stretch

- 1 Sit in upright position. Tuck foot near groin with opposite leg straight.
- 2 Bending from the hips and leading with the chest, reach down until a stretch is felt in back of thigh.
- 3 Remember to keep the low back straight to isolate stretch in hamstring



Quad Stretch

- 1 Standing with a shoulder width stance and hang onto an object for support.
- 2 Bring one foot up and grab with your hand.
- 3 Pull your foot up until you feel a stretch on the front of your thigh.
- 4 Hold, relax and repeat before changing legs.



Forearm/Wrist Stretch

Stand with your right arm extended straight out. Pull back your fingers with the other hand until you feel a stretch in your forearm. Hold, repeat and then repeat 2 stretches on other arm.

These golf stretching exercise, performed regularly will help to promote relaxation in the muscles. This has the added benefit of also increasing body awareness, which is so important for maintain a consistent swing pattern.

Additionally, the more a muscle group can relax, the more forcefully its opposing muscles group can contract. Coupled with a suitable strength training program these golf stretching exercises will help to increase you power with every club.

Lastly, The Tallwood PGA Jr. League is filling up very, very fast. Please if your son or daughter is interested send me an email and I will give you all the information you need to sign them up.

See you all very soon and may the green grass grow fast!

Thank you,

Zac
PGA Professional

Instruction

March News from the Lesson Tee...

Despite all of that white stuff on the ground, spring is just around the corner! When you finally dust off your clubs from their winter slumber, keep things simple. One swing cue I like to use for the first few weeks of the season is to ***“hold my finish for 2 seconds.”*** This simple focus will help you re-establish tempo, timing, and balance. Trying to remember everything you read in Tweak of the Week Magazine or watched on the Golf Channel this winter will only serve to activate your analytical left brain, generating mental interference rather than birdies!

Please visit my website (www.birdiebound.com) to learn more about various instructional opportunities I am offering at Tallwood this season (One Day Clinics, Mental Skills Training Clinics, TPI Assessments, Women’s Golf Academies, LPGA*USGA Girls Golf, Junior Golf Academies, Pee Wee Pro’s). You are also welcome to register for my newsletter or schedule a private golf lesson on my website. Looking forward to seeing everyone at the Spring Meeting.



Tipper is eager for the golf season to begin!

Nicole Damarjian
Director of Instruction Tallwood Country Club

Tallwood Men’s Club 2018 Membership Renewal Application

MEMBER INFORMATION

NAME:

ADDRESS:

CITY, STATE:

ZIP:

PHONE #: HOME:

WORK:

CELL:

E-MAIL: (required)

OCCUPATION:

MEMBER SINCE _____ AGE _____

IF NEW MEMBER, REFERRED BY:

I would like to assist on the following Committee(s): Social____ Tournament____ Rules____
Handicap____

MEMBERSHIP RENEWAL

Renewal is due February 1, 2018.

Early Bird discount applies if the renewal is postmarked before February 1

Membership Type	Renewal Amount	Discount Applies	Total Fee Due	Renewal Selection
Regular Member (Received before Feb 1 st)	\$175.00	-\$20.00	\$155.00	<input type="checkbox"/>
Regular Member	\$175.00		\$175.00	<input type="checkbox"/>
Past President (Received before Feb 1 st)	\$175.00	-\$20.00	\$155.00	<input type="checkbox"/>
Past President	\$175.00		\$175.00	<input type="checkbox"/>
Junior Member	\$80.00		\$80.00	<input type="checkbox"/>
Social Member	\$80.00		\$80.00	<input type="checkbox"/>
GHIN Only	\$30.00		\$30.00	<input type="checkbox"/>

Make check payable to: TALLWOOD MEN'S CLUB

Please mail your check and Renewal Application to the 2018 Membership Director:

Bob Wahlberg
8 Markwood Lane
Manchester, CT 06040

If you have questions, e-mail Bob at: tmc_membership@yahoo.com

TALLWOOD MEN'S CLUB – SOCIAL EVENT
SPRING CLASSIC
April 7th, 2018

Time: Registration – 8:00 AM, Shotgun Start – 9:00 AM

Format: A-B-C-D-(E) Scramble (4 or 5 man teams)

Entry Fee: \$20.00 as we no longer have punch cards

Green fees and carts (if riding) - paid on tournament day

Entry Fee includes: Drink and Food tickets!

Prizes:

- Closest-to-pin on all par 3's.
- Closest-to-pin (2nd shot) on #10.
- Stop and Shop Gift Cards and Pro-Shop credit to the winning teams.
- Pro Shop Raffle.
- Side tournaments.

Please enter early to assure your spot in this A-B-C-D-(E) Scramble.

Entry Form

Spring Classic – April 7th, 2018

Please make checks payable to the Tallwood Men's Club.

Entries must be received no later than the

Entry Deadline of Sunday, April 1, 2018

Cancellation Policy

*Cancellations will be accepted up to & including Entry Deadline date.
Refunds for cancellations after the Entry Deadline will require approval from the
Tallwood Men's Club Social Committee Co-Chairs.*

Mail to:

Tallwood Country Club
Attn: Spring Classic
91 North Street
Hebron, CT 06248

TMC member Name: _____ Hdcp. _____

If new member, please enter your 2017 GHIN # _____

If none, please indicate your average 18 hole score _____

Do you wish to reserve a cart (course conditions permitting)? Yes _____ No _____

Can you play on the following rain/snow date?

Rain/snow date = Saturday, April 21st Yes _____ No _____

Amount enclosed: _____ Check #: _____

\$20 per person – no punch cards for 2018

Receipt for Cash Payment Received From: _____

Event: _____ Rec by / Date: _____

2018 SEASON PASS RATE
TALLWOOD COUNTRY CLUB

	FEE	TAX	TOTAL
FULL SINGLE			
<u>CASH/CHECK</u>			
IF PD BY 1/1/18	\$ 1,900.00	\$ 190.00	\$ 2,090.00
IF PD BY 1/31/18	\$ 2,000.00	\$ 200.00	\$ 2,200.00
IF PD AFTER 1/31/18	\$ 2,100.00	\$ 210.00	\$ 2,310.00

SPLIT PAYMENT JAN 1ST/ MARCH 1ST/ APRIL 1ST			
EACH PAYMENT	<u>CASH/CHECK</u>	\$ 670.00	\$ 67.00
			TOTAL \$ 2,211.00

IF YOUR USING PROSHOP CREDIT FOR SEASON PASS, PAYMENT MUST BE MADE BY DECEMBER 15TH

HUSBAND AND WIFE			
<u>CASH/CHECK</u>			
IF PD BY 1/1/18	\$ 2,750.00	\$ 275.00	\$ 3,025.00
IF PD BY 1/31/18	\$ 2,900.00	\$ 290.00	\$ 3,190.00
IF PD AFTER 1/31/18	\$ 3,000.00	\$ 300.00	\$ 3,300.00

COMPARISON 18 HOLE RATES

SENIOR	\$30.00
WEEKDAY	\$39.00
WEEKEND	\$43.00

DRIVING RANGE PASS \$120.00
PAY IN MARCH

GOLF CART PASS \$700.00
PAY IN MARCH CASH/CHECK

STUDENT AND YOUTH MEMBESHIPS MON-THURS (AVAILABLE TIMES) FRI-SAT-SUN AFTER 1PM (AVAILABLE TIMES)

Student (19-23 Y.O.)	\$ 500.00	\$ 50.00	\$ 550.00
Youth (12-18 Y.O.)	\$ 400.00	\$ 40.00	\$ 440.00